OUTWARD BOUND ROMANIA

BLIND SQUARE

Experiential education





N° of pax 8-16



group challenge | work

PURPOSE

GROUP COOPERATION

- practice problem solving
- group decision making
- develop communication

MATERIALS

- blindfolds (equal number of participants)
- a rope 20-40 meters

PREPARATION

- The area for this activity has to be flat and without any obstacles. Clean everything that can be a hazard: branches, rocks, etc.
- The facilitator has to watch the group closely at all times and if any group member is in danger of hitting an object, safeguard them.
- From a safety point of view it is best to brief participants at the very beginning of the activity to make slow movements only.

INTRO

This activity is a problem solving task, which requires good communication and decision making from the group.

BLIND SQUARE

STEPS

1. The group is asked to stand in a line, close to each other. Each member of the group is given a blindfold which they have to wear from the very beginning of the activity.

2. (20 min) Once they are all blindfolded, a long rope is given to them, with the instruction of not letting go anymore and hold it with both hands. The group task is to create a perfect square. When they are sure the task is completed, they can lay the rope down on the ground, take off the blindfolds and check the result.



3. The facilitator invites the group to sit in a circle to share and reflect the experience.

REFLECTION

- What challenges did you face as a team?
- What kind of communication or other support do you need to feel safe in an unknown environment?
- How can this activity support your resilience building?

COMMENTS