

# TALES SEMINAR PROGRAMME 06.07-11.07 Budapest



## DAY 1 – 06.07. 2026 Monday

10.00 -11.30 Zsuzska Juhász - The Rose of Anahakan Introduction of the TALES Journey - Gül Baba garden

12.00 - 13.00 Sonia Patti: Introduction of the TALES concept Treading paths in Art and nature, Learning in Equal Social opportunities concept Gül Baba garden

15.00 - 16.30 Axel Bergdolt: Beyond Food Nutrition, Emotional Health and Women's Empowerment through the Yin-Yang Perspective Margaret Island

## DAY 2 – 07.07.2026 Tuesday

10.00 -11.30 Sonia Patti: TALES story CARDS about modern Phersephone Károlyi Park

12.00 - 13.00 Sonia Patti: TALES GUIDE National Museum Park

## DAY 3 – 08.07. 2026 Wednesday

15.00 - 18.00 Karolina Fakheri Tehrani: Meeting the Goddess - The Gate of Birth Margaret Island

## DAY 4 – 2026.09.07. Thursday

10.00 -11.30 Horváth Tündi: Invisible Burdens, Visible Strength – Women's Resilience in Roma Communities Szent István Park

12.00 - 13.00 Gutori Annamária: How Can Meditation Help Women Who Have Experienced Abuse? Szent István Park

15.00 - 16.30 Anita Gergely: How can we help well enough? Habitat for Humanity Community Space

## DAY 5 – 2026.10.07. Friday

15.00 - 16.30 Szeghalmi Etelka: Daoist wisdom on women's health Margaret Island

## DAY 6 – 2026.11.07. Saturday

10.00 -11.30 Maria Marchio: Ribbon of Peace Colour Mixing Collective Art workshop Margaret Island

12.00 - 13.00 Judit Bozsánovics: Cacao Ceremony Margaret Island



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